



CARIBOO FAMILY ENRICHMENT CENTRE

Strengthening the Quality of Personal, Family, and Community Life

Cariboo Regional District

Sept. 19, 2018

File No.1850-20

South

SEP 28 2018

Mitch Campsall
Mayor, 100 Mile District

Referred ToDCO

Dear Mr. Campsall,

Thank you for the tremendous work you do to improve the health and wellbeing of the residents of the South Cariboo, and for your consideration of the Grant in Aid submission of the Cariboo Family Enrichment Centre.

I would like to ask that the 100 Mile District Council consider our request for \$1000 to support the Healthy Living Program at the Youth Zone. This program provides healthy snacks and meals for the 10-20 youth who drop in to the Youth Zone after school. For many youth, this is the only healthy food, and sometimes the only food they receive in a day. This funding will provide up to 50 meals and up to 150 snacks per month.

Thank you for your consideration of the request to support food security, and the health and wellbeing of youth in our community. I would be pleased to provide more information about this program.

Sincerely,

Chris Pettman
Executive Director

cc Rita Giesbrecht, CFEC Board Chair
Stephanie Keppei, CFEC Board Vice-Chair

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SEP 24 2018

DISTRICT OF 100 MILE HOUSE
BRITISH COLUMBIA



Grant for Assistance Joint Application



Organization Information Sheet

| | |
|---|---|
| Name of Organization: | CARIBOO FAMILY ENRICHMENT CENTRE SOCIETY |
| Mailing Address: | PO BOX 2427 100 MILE HOUSE BC V0K 2E0 |
| Telephone (office): | 250 395 5155 |
| Purpose of Organization (From Constitution or Incorporation Documents): | TO STRENGTHEN THE QUALITY OF PERSONAL FAMILY AND COMMUNITY LIFE |
| How long has the organization operated in the community? | SINCE 1988 |
| BC Society Registration Number: | 126175413RR0001 |
| Federal Charitable Registration Number: (if applicable) | |
| Chairperson's name: | RITA GIESBRECHT |
| Telephone: | [REDACTED] |
| Treasurer or Financial Officer's name: | LEON CHETEN |
| Telephone: | [REDACTED] |

Date of last Annual General Meeting (Attach minutes and current list of Directors):

Attach the last financial statement prepared and signed by the appropriate person (i.e., CA, CGA, CMA, comptroller, bookkeeper, financial officer, treasurer, etc.).

Previous Year Grant from CRD and District (if applicable) \$ 350

NOTE: A Final Report for previous year's grant MUST be included with this submission.

Current Grant Amount Requested \$ 1000

Grant for Assistance Application

Please answer the following questions, using additional paper if necessary.

1. What plans has your organization made to fund its activities over the next 3-5 years?
THE YOUTH ZONE IS FUNDED PRIMARILY THROUGH
BC GAMING GRANTS.
2. If your organization charges user fees/memberships/admission, attach your current fee structure:
3. What are your organization's specific goals and objectives for this year? How do they differ from previous years?
OUR MANDATE IS TO SUPPORT THE FAMILIES OF THE
SOUTH CARIBOO.
4. Who does your organization serve? (% of clients from District, % of clients from South Cariboo)
APPROXIMATELY 50/50 SPLIT RE: 100 MILE AND
SOUTH CARIBOO
5. Does your organization receive a rental subsidy from the CRD and/or District? If so, how much?
N/A
6. Does your organization receive any benefit from permissive tax exemption, and if so, how much? (information available from District Tax Department)
N/A
7. Does your organization use CRD or District owned facilities? If so, which ones?
N/A
8. How will you indicate that the CRD and District are contributing to your organization?
ON SOCIAL MEDIA AND ALL PRINT ADVERTISING

Grant for Assistance Application



Project Summary Sheet

Please answer the following questions, using additional paper if necessary.

1. Brief Description of Proposed Use of Grant Being Applied For:

HEALTHY SNACKS FOR AT RISK AND MARGINALISED
YOUTH.

2. How do you know there is a need for this service/project in our community?

CFEC HAS OPERATED THE YOUTH ZONE DROP-IN CENTRE
FOR 8 YEARS AND HAS TRACKED NUMBERS ACCORDINGLY.

3. Is your agency applying for funds from other levels of government or other sources for this project?

NO. WE USE OTHER GOVERNMENT FUNDS FOR OTHER OPERATIONAL COSTS.

4. Would you still be able to complete the project if you do not receive the other funds applied for?

NO. WE CANNOT LEVERAGE OTHER FUNDING FOR FOOD.

5. Please describe the impact of this application being denied or approval of an amount less than requested.

WE WOULD GLADLY USE ANY FUNDING TO PROVIDE
SNACKS.

6. Start date of the project: NOV. 1 2018

End date for the project: OCT. 31 2019

**Grant for Assistance Application**

7. Please describe the key activities that will take place to complete the project and any associated timelines.

THE YOUTH ZONE PROVIDES HEALTHY NUTRITIOUS
SNACKS TO 100 MILE YOUTH 3 DAYS A WEEK
AT NO COST TO THE YOUTH.

8. Please provide a detailed financial budget for the project.

9. Please explain how you will measure and evaluate the impact of this project on the community? How will you determine if it was successful?

WE ARE ABLE TO PROVIDE HEALTHY SNACK
OPTIONS FOR YOUTH WHO ARE IN TURN
ABLE TO PROMOTE HEALTHIER OPTIONS TO
THEIR PEERS.

THE INFORMATION INCLUDED IN THIS APPLICATION IS TRUE AND CORRECT TO THE BEST OF MY KNOWLEDGE.

[REDACTED]

President/Chairperson



CARIBOO FAMILY ENRICHMENT CENTRE

Strengthening the Quality of Personal, Family, and Community Life

September 19, 2018

Cariboo Regional District
Suite D, 180 North Third Avenue
Williams Lake, BC
V2G 2A4

Dear Sir/Madam,

Re: 2018 Grant for Assistance Final Report for the Cariboo Family Enrichment Centre Society's Youth Zone Healthy Choices Program

The CFEC received a grant totalling \$350 for 2016 from the Cariboo Regional District and the District of 100 Mile House. This money was spent for services at the Youth Zone, a drop-in program in 100 Mile House for at-risk youth.

The majority of the money was spent on food. This allowed the Youth Zone to serve healthy dinners every Thursday night to youths who may not otherwise have eaten nutritious dinners, or perhaps not have eaten dinner at all. Youth Zone staff took care to use fresh and local ingredients wherever possible, and interacted with the youths while cooking. This had a follow-on benefit of enhancing knowledge about making healthy food choices, as well as imparting practical skills to the youth. The rest of the money was spent on educational materials such as printed handouts or to subsidize guest speakers who joined us at the Youth Zone to share relevant messaging to the youths, based on questions asked by the youths.

The program was successful, with an estimated 250 meals served using funds from the CRD and District of 100 Mile House. Direct feedback from the youths was overwhelmingly positive. Local service providers reported a positive correlation between youths who attended the Youth Zone, and youths with healthy nutrition habits. Making healthy nutrition choices allows for better health, better concentration in school, and leads to positive decision-making habits.

The CRD was publically recognized in CFEC print media, including brochures, weekly newspaper ads in the 100 Mile Free Press, and agency documents. There is a certificate in the kitchen at the Youth Zone recognizing the contribution of the CRD and District of 100 Mile House. The Assistance Grant was also mentioned verbally in CFEC meetings and public events as a financial supporter of the CFEC.

Regards,

Chris Pettman
Executive Director

