



SOUTH CARIBOO  
**AQUAPLEX**  
INITIATIVE

**AN AQUATIC FACILITY FOR  
THE SOUTH CARIBOO**



# AGENDA

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EXECUTIVE SUMMARY

HISTORY OF POOL ADVOCACY IN THE SOUTH CARIBOO

SOUTH CARIBOO AQUAPLEX INITIATIVE

BENEFITS OF AQUATIC RECREATION

DEMOGRAPHICS OF THE SOUTH CARIBOO

A SITE FOR AN AQUATIC FACILITY IN THE SOUTH CARIBOO

AN AQUATIC FACILITY FOR THE SOUTH CARIBOO

CONCLUSION

# EXECUTIVE SUMMARY

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## An Aquatic Facility in the South Cariboo



Many rural communities in BC have accessed funds to build an operate an aquatic facility



Year-round recreation and fitness accessible to every demographic



Many benefits to community health and wellness



Swimming and aquatic exercise are popular choices for physical activity



100 Mile House is a medically underserved community



Tremendous interest and support for an aquatic facility



An environment for children and youth to engage in healthy recreational activity



Options for site development



# POOL ADVOCACY IN THE SOUTH CARIBOO

1960's Pool Advocacy began

1993 Basic tank was defeated in a referendum, 'too basic'

2001 Arena was designed to have the addition of a pool attached

2008 The South Cariboo Aquatic Society (SCAS) was formed

2010 Feasibility study and design report was completed

2014 Telephone survey by the CRD  
CRD & the District of 100 Mile House decided not to proceed  
SCAS dissolved

# 72%

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Ranked the importance of a pool in the community between 7 and 10 on a scale of 1 to 10 with 10 being 'very important'

# 62%

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Indicated that they, or someone in their household, would use a pool in the next few years

# 46%

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Reported 'yes' to whether they would approve an increase of \$135 / \$100,000 of assessed property value

14% reported 'not sure'

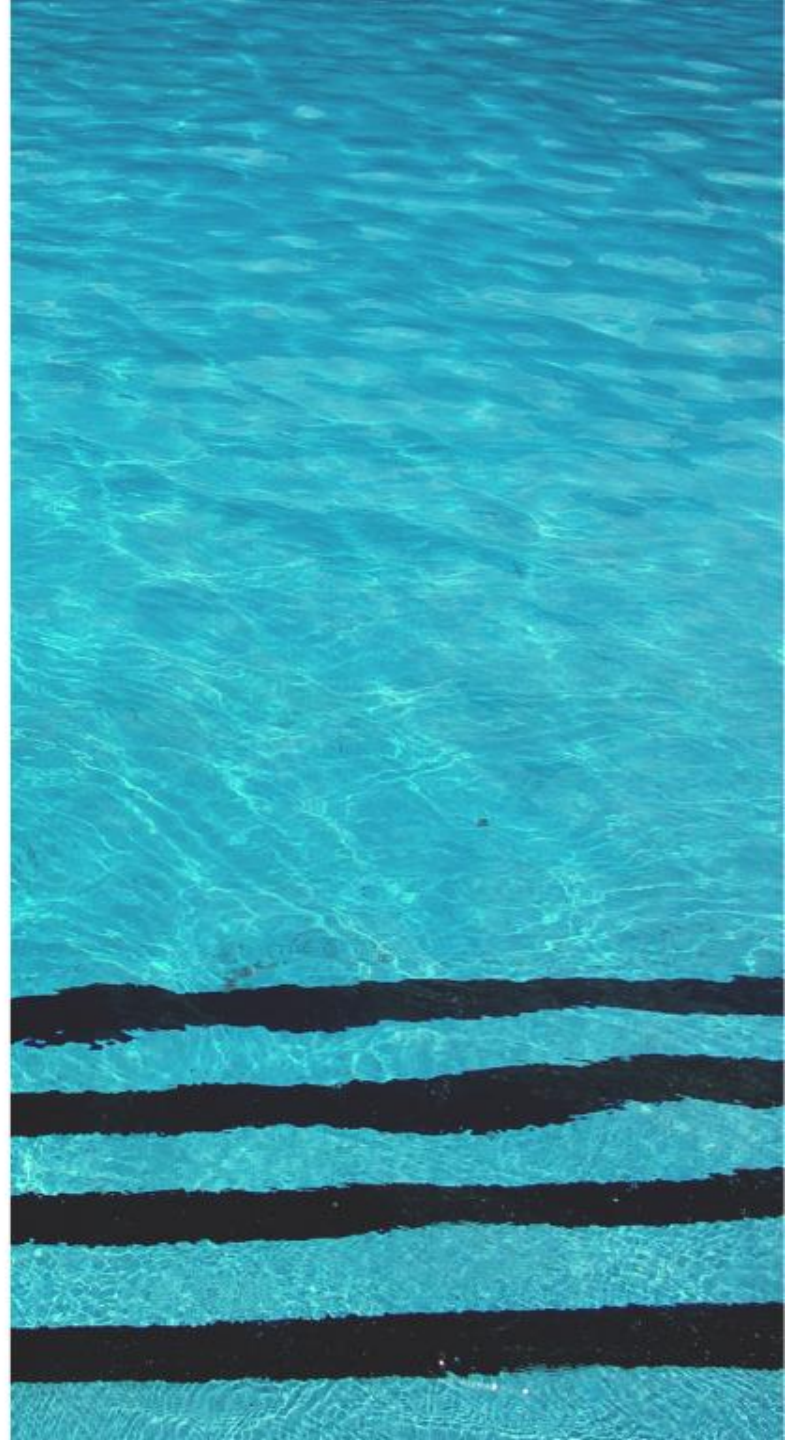
# SOUTH CARIBOO AQUAPLEX INITIATIVE

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Advocate for inclusive, accessible and affordable  
aquatic recreation in the South Cariboo

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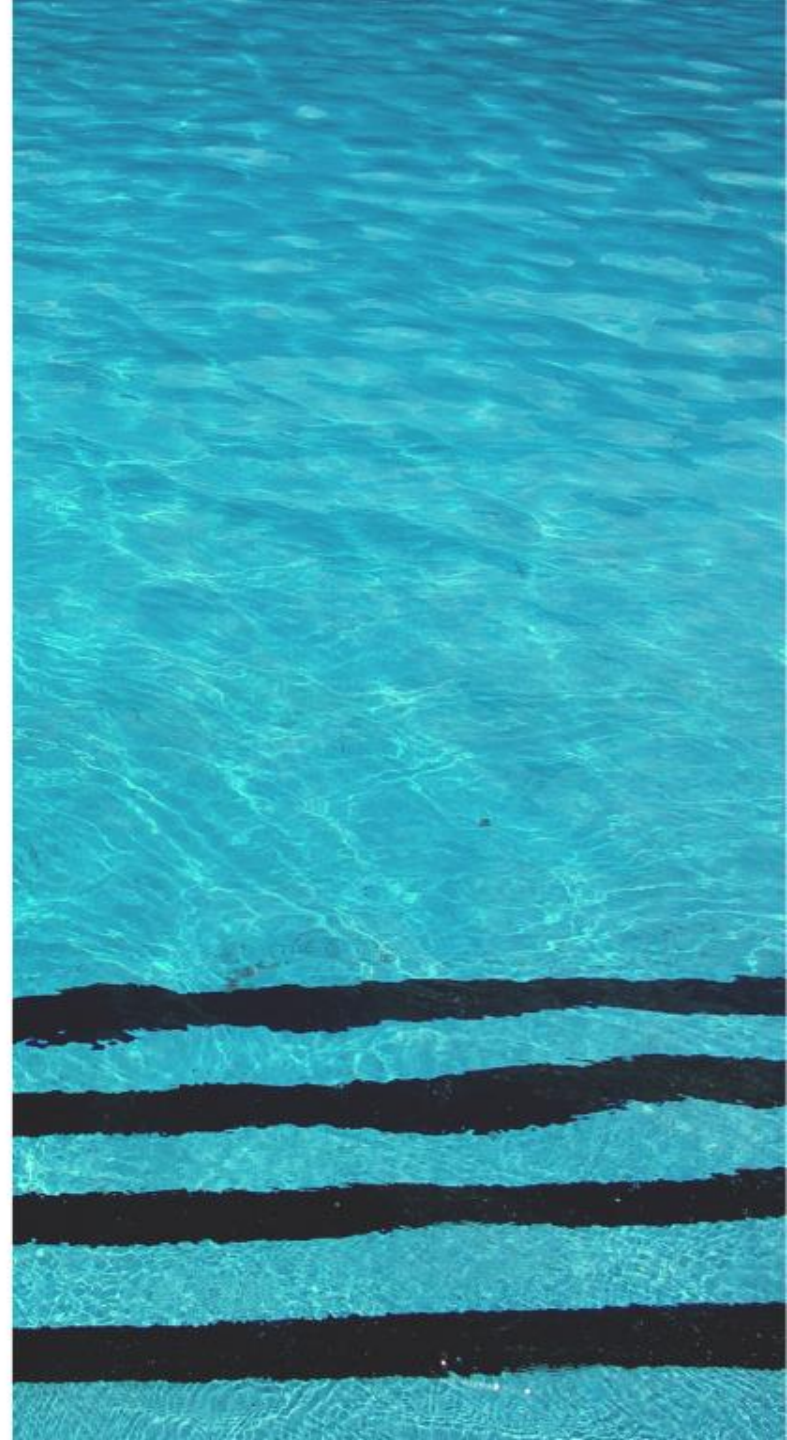
# SOUTH CARIBOO AQUAPLEX INITIATIVE

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What is SCAI asking?

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# WHY IS AN AQUATIC FACILITY SO VALUABLE TO A COMMUNITY?

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## SERVES ALL AGES AND ABILITIES



Serves a far broader cross-section of residents from young children to seniors, than any other recreation facility

Offers multigenerational activities

Accommodates those who are not able to tolerate land-based activities

## MANY BENEFITS

Health, rehabilitation, safety, community and social, child & youth, economic and professional recruitment and retention

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# HEALTH BENEFITS

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Wellbeing



Fitness and conditioning



Cardiovascular / heart conditioning



Respiratory / lung conditioning



Weight loss



Mental Health



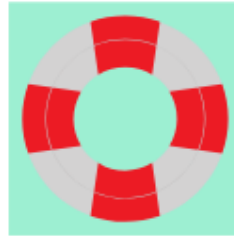
Physical function in older adults

# WATER SAFETY & LIFE-SAVING BENEFITS

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Water safety skills



Life-saving skills



Basic and advanced skill training



Children with special needs

# COMMUNITY BENEFITS

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Year-round opportunities for everyone



Civic engagement



Social support



Diversity



Crime reduction

# CHILD & YOUTH BENEFITS

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Early childhood development



Children and physical activity



Childhood obesity



Latchkey children



Youth engagement



Youth leadership and other opportunities



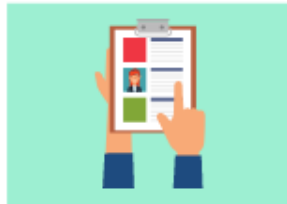
Civic responsibility and participation

# ECONOMIC IMPACT

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Businesses and services



Employment & volunteer opportunities



Tourism



Property values



Community growth

# ENVIRONMENTAL IMPACT

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## Commuting

Williams Lake 92 km  
Kamloops 196 km  
Cache Creek 112 km  
Ashcroft 123 km



## Geothermal Energy

# PHYSICIAN AND OTHER PROFESSIONAL RECRUITMENT AND RETENTION

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Physician resources in 100 Mile House



Demonstrated impact of aquatic centres



Recruitment efforts in 100 Mile House



Other health and professional services

# REHABILITATION & AQUATIC THERAPY BENEFITS

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Reduction in mobility barriers



Therapeutic environment



Improved outcomes



Musculoskeletal health



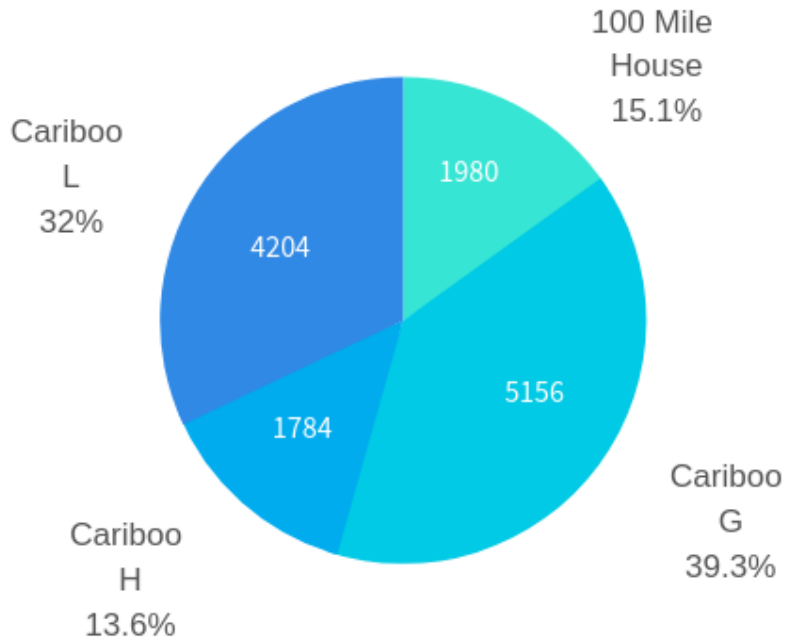
Neurological health



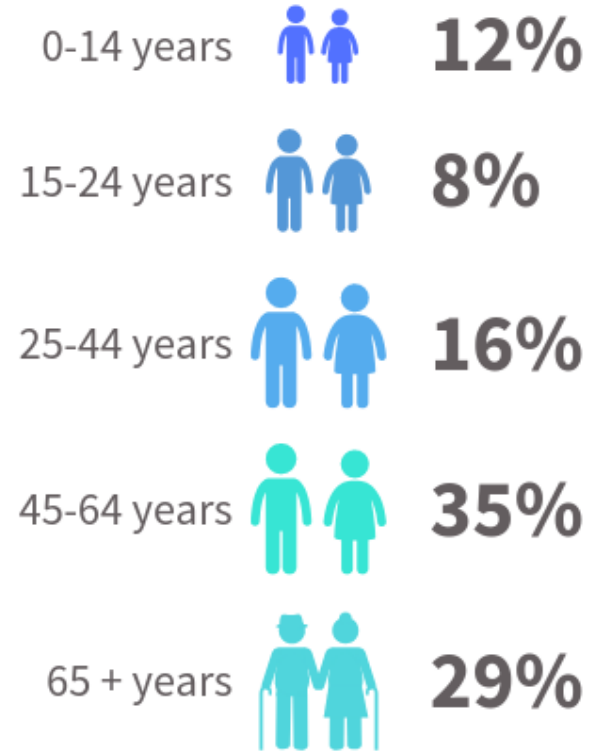
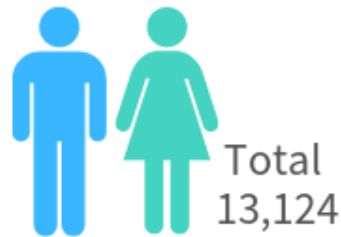
Cardio-respiratory health



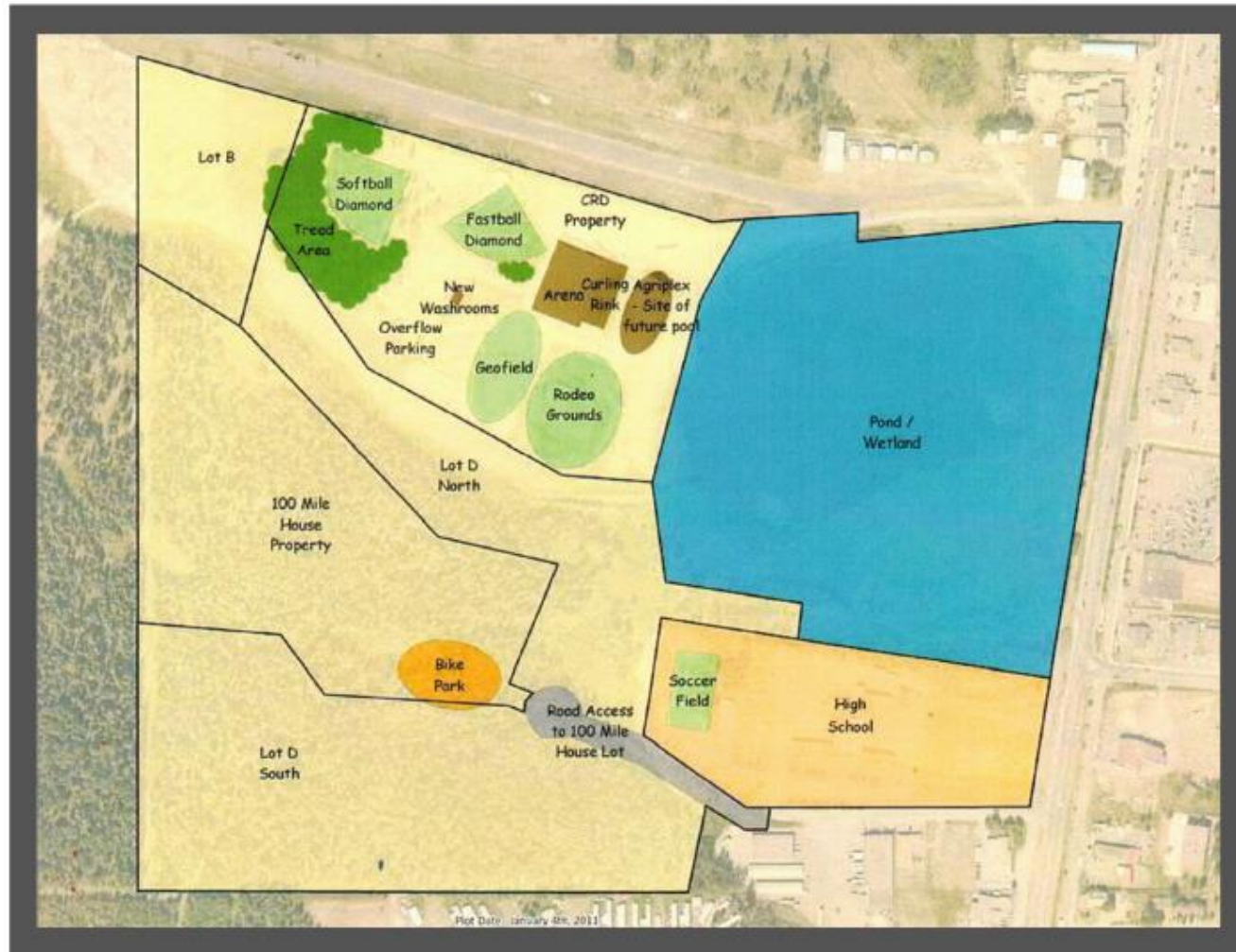
# DEMOGRAPHICS OF THE SOUTH CARIBOO



Average age 49 years



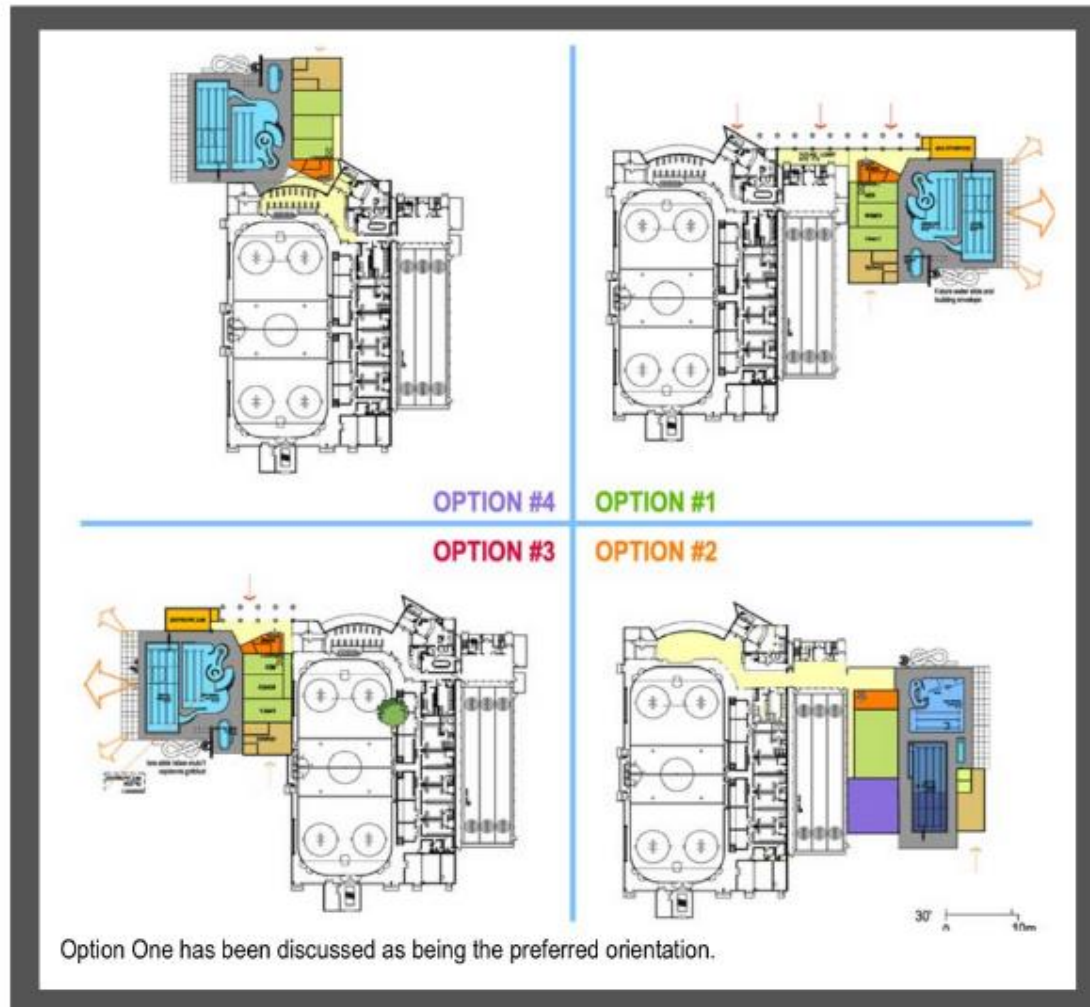
# A SITE FOR AN AQUATIC FACILITY IN THE SOUTH CARIBOO



# SITE PLAN OPTIONS FOR AN AQUATIC FACILITY



# AN AQUATIC FACILITY ON THE SOUTH CARIBOO RECREATION CENTRE PROPERTY



# AN AQUATIC FACILITY FOR THE SOUTH CARIBOO

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Lap pool, 4 lanes x 25m  
Leisure pool  
Family hot pool  
Steam room or sauna  
Multipurpose space  
Changing areas

Tarzan rope  
Slide  
Climbing wall  
Lazy river  
Walking lanes  
Tot area  
Waterfall or spray features

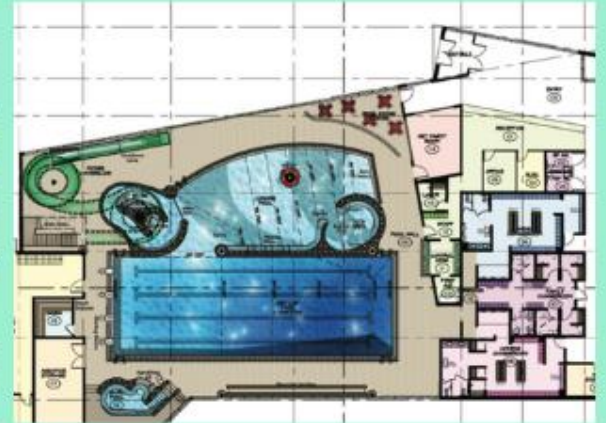


# COMBINED LEISURE & LAP POOL

SMITHERS, BC  
TUMBLER RIDGE, BC  
GRAND FORKS, BC  
CHETWYND, BC  
SQUAMISH, BC  
PORT HARDY, BC \*



SWAN RIVER, MB



# SEPARATE LEISURE & LAP POOL

HOUSTON, BC  
GOLD RIVER, BC  
VANDERHOOF, BC  
CRESTON, BC  
KIMBERLEY, BC  
POWELL RIVER, BC  
WHISTLER, BC



SWAN RIVER, MB



## SQUASH, RACQUETBALL AND WALLYBALL COURTS



## INDOOR PLAY SPACE



## CLIMBING WALLS





# ESTIMATED OPERATIONAL COSTS

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Total expenditures: \$500,000 - \$600,000

Revenue: \$150,000 - \$200,000

Net expenditures/ taxation: \$350,000 - \$450,000

Recovery rate: 25%-40%





# SUMMARY

Offer a community gathering place for everyone, year-round

Water safety is an important life skill

New recreational opportunities in the south cariboo

Building a healthier community

Shortage of physicians, healthcare professionals & skilled workers



## WHAT IS SCAI ASKING?

For the SCJC to consider an indoor aquatic facility & allow to go to a referendum

Support & guidance from local governments

Explore opportunities for an aquatic facility

Consideration given to affordability, accessibility, and opportunities for funding is  
a high priority for SCAI

[www.caribooaquatics.com](http://www.caribooaquatics.com)



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