



## For Immediate Release | August 11, 2020

## All Kelowna COVID-19 testing returning to UPCC

KELOWNA – With the number of new cases of COVID-19 stabilizing again in Kelowna, Interior Health is suspending the temporary testing site located at their Community Health Services Centre, effective today.

IH's Testing and Assessment Centre at the Kelowna UPCC will continue to offer COVID-19 testing by appointment, 9:30 a.m. to 8:30 p.m. seven days per week to all individuals with symptoms, however mild. **Appointments** are required at the UPCC and can be made by phone: 250-469-6985.

The symptoms of COVID-19 include the following:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Other milder symptoms may include: runny nose, fatigue, body aches (muscles and joints aching), diarrhea, headache, sore throat, vomiting and red eyes.

Anyone experiencing symptoms, however mild, should be tested. There is capacity at the Kelowna UPCC site to accommodate the current demand for testing. If required, expanded COVID-19 testing capacity can be quickly re-activated in the community.

IH reminds everyone of the importance of following COVID-19 precautions:

- Stay home and avoid travel if you have symptoms, even mild ones.
- Maintain physical distancing (two metres apart) and use masks when distancing is not possible.
- Wash your hands regularly and do not touch your face.
- Keep your gatherings small and spend time only with those you know. Limit gatherings to out of doors whenever possible.

Find information on Interior Health COVID-19 testing here: <a href="https://news.interiorhealth.ca/news/testing-information/">https://news.interiorhealth.ca/news/testing-information/</a>

Find information on public exposures within the Interior Health region here: <a href="https://news.interiorhealth.ca/news/public-exposures/">https://news.interiorhealth.ca/news/public-exposures/</a>

Answers to frequently asked questions are available on the British Columbia Centre for Disease Control website, available here: http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions

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