

For Immediate Release | August 11, 2020

## Interior Health COVID-19 update

KELOWNA – Recent testing of individuals has allowed Interior Health (IH) to identify an additional date for people who may have been at the Cactus Club on Water Street and potentially exposed to COVID-19.

Individuals who were at the bar of the Cactus Club, #1-1370 Water St., between 5 p.m. and midnight on Aug. 8 are asked to **self-monitor** themselves closely for symptoms of COVID-19 and to get tested if they begin to exhibit symptoms.

Public health contact tracing is under way, and where possible, IH is reaching out directly to individuals who have been exposed.

Individuals seeking a test should call their primary care provider (family physician or nurse practitioner) or the closest [Interior Health community testing and assessment centre](#).

### **COVID-19 testing**

Testing is recommended for anyone experiencing symptoms of COVID-19, including:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Loss of sense of taste or smell
- Other milder symptoms may include: runny nose, fatigue, body aches (muscles and joints aching), diarrhea, headache, sore throat, vomiting and red eyes.

IH reminds everyone of the importance of following COVID-19 precautions:

- Stay home and avoid travel if you have symptoms, even mild ones.
- Maintain physical distancing (two metres apart) and use masks when distancing is not possible.
- Wash your hands regularly and do not touch your face.
- Do not plan or attend gatherings of more than 50 people. Limit gatherings to outdoors whenever possible.

### **Kelowna community cases**

Within Interior Health, there are now 161 cases linked to Kelowna since June 26. Twelve cases of 161 are active and under isolation.

Information on public exposures to COVID-19 within the Interior Health region are available here: <https://news.interiorhealth.ca/news/public-exposures/>

Answers to frequently asked questions are available on the British Columbia Centre for Disease Control website, available here: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions>