



Cariboo Regional District
File No.1850-01.....

FEB 17 2022
Referred ToCSM.....
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North Cariboo Seniors' Council
#102 – 246 St. Laurent Street
Quesnel, BC V2J 2C9
250 991 0510

February 15, 2022

Cariboo Regional District
Suite D – 180 North 3rd Avenue,
Williams Lake BC V2G2A4

Attention: Darron Campbell
Manager of Community Services

Dear Mr. Campbell:

For the past 2 years, the North Cariboo Seniors' Council has been providing support for seniors in the greater Quesnel community. We have used grant money from various sources to fund and sustain several projects aimed at filling important gaps in services to seniors, both in the City and in the CRD.

As a result of COVID, many seniors have faced on-going food insecurity and isolation issues. We have sustained a robust meal preparation and delivery service, delivering over 2800 meals since receiving our first grant in the spring of 2020. In the late summer of 2020, we establish our yard/garden project, providing much needed attention and care to homes whose senior owners were unable to afford any level of that care. That project transitioned to a winter snow removal focus, a much more serious safety issue for seniors. Costs to us for each of these projects are as follows: meals - \$10 per meal, payable to a local caterer; yard/snow -\$20 per hour payable to a hired contractor. In all instances, these services are offered to all who request it, regardless of whether they live in the City or in the CRD. We are asking the Cariboo Regional District to consider reimbursing the Council for money spent in helping CRD senior. We request a contribution of \$446 for our meals program and \$4788 for our yard/snow shoveling program. For your reference, we have attached a document summarizing statistics for services and clients for the year 2021.

It is Important to note that, initially, the City of Quesnel provided support for our first full year: office rental, and telephone and insurance costs. In January 2021, the City of Quesnel stepped forward to offer us a substantial, one-time financial commitment to be

2021, the City of Quesnel stepped forward to offer us a substantial, one-time financial commitment to be provided in 3 yearly installments. These funds have enabled us to hire a part-time Council Coordinator; the largest portion of this funding has been allotted to our major projects: meals and yard/snow removal. We have been able to budget and manage these funds such that we can report to City Council that we are presently "in the black". We are so very grateful to the City for giving us this financial boost, enabling us to continue to establish this Council as a strong, viable group providing much needed services to seniors, worthy of support from other community organizations like the CRD.

We look forward to receiving a response to our request; should you require clarification or further information, please do not hesitate to contact us.

Yours very truly,



Brenda Gardiner,
President, North Cariboo Seniors' Council.

Cc: Area Directors – Areas A: Mary Sjostrom
B: Barb Bachmeier
C: John Massier
I: Jim Glassford

BG/ss



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NORTH CARIBOO SENIORS' COUNCIL

Statistics re: expenditures for Meals and Yard/snow removal Programs - 2021

Meals Program – January – December 2021

- Average meals delivered per month - 180
- Average clients per month – 73
- Average CRD clients per month – 14 = 4.5% of clients
- City \$ spent on all meals - \$3333
- **City \$ spent on CRD clients - \$466**

Most of our food delivery clients live in subsidized, low-cost housing in the downtown core, and some live in West Quesnel or Uplands. Of the 14 CRD clients, we have deliveries to the Barlow Creek area, to West Fraser and even to a client who lives beyond the Hydraulic Rd. slide; all meals are delivered by a volunteer drivers.

Yard/Snow removal Program– January -December 2021

- 37 yard clients (April to October) – 19 live in the CRD
 - 27 snow clients (November to December) – 17 live in the CRD
 - Average yard/snow clients – 34. Average **CRD clients – 18 (53% of clients)**
 - City \$ spent on yard/snow program - \$9034
 - **City \$ spent on CRD clients - \$4788**
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- 352 client visits - 15 minutes to 90 minutes, 465 hours = \$9033

Many of our yard/snow removal clients live in homes on larger lots – more garden and more lawn to be tended to and longer sidewalks and driveways. The Yard project focuses on keeping lawns mowed (but not acreage) and weeds and brush under control by regular trimming. In the winter the priority is safety and access – porches and steps free from snow and ice and sidewalks cleared enough to enable a gurney to be moved from house to ambulance. In the recent Jan/Feb snow fall, several seniors had snow blown well up their doors, preventing them from even leaving their home.