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What is a Universal Change Room?

A universal change room is an accessible space for everyone. The space is accessible to people with reduced mobility and allows people of all gender identities, parents, caregivers, and groups (schools, day camps, daycare, etc.) to be together in the same space.

The rules of the universal change rooms are as follows:

- Patrons are required to remain clothed unless in a private change cubicle, shower, or bathroom stall.
- No nudity is permitted in open or common areas.
- All lockers within the universal change room are DAY USE ONLY.
- Photography and video recording are strictly prohibited.
- Ensure that all personal belongings are secure at all times. The Cariboo Memorial Recreation Complex is not responsible for lost, stolen, or damaged items.
- Please report any suspicious activities to a staff member immediately.
- Please be respectful of those around you and the facility.

Thank you for respecting the guidelines for our universal change room. We have male and female changerooms and washrooms available in both lobbies and in the pool entrances.