

Frequently Asked Questions – Universal Change Rooms

Q: Can I enter the universal change room with someone else who is of a different gender/sex?

A: Yes, the universal change room is designed to allow for this. There are private change cubicles, private showers, and washroom stalls for users.

Q: Can I leave my belongings overnight in the universal change room?

A: All lockers located within the universal change rooms are DAY USE ONLY.

Q: Can I rent a locker in the universal change room?

A: No, there are only Day Use Lockers available. Any occupied lockers will be emptied at the end of the day.

Q: If I don't have a lock, can I leave my belongings in an open locker?

A: No, please get appropriate change from the front desk to utilize the lockers. The Cariboo Memorial Recreation Complex is not responsible for any items left behind, unlocked, or stolen.

Q: What is a change cubicle? Is it lockable?

A: A change cubicle is a private stall for users to access to change their clothes in private. Yes, the private stall cubicles, showers, and washroom stalls can all be locked. Do not leave your belongings in these cubicles, as other patrons will be utilizing them. We recommend to always lock your items in the lockers provided in all change rooms.

Q: What is acceptable attire when in the open spaces of the universal change room?

A: Fully clothed or swimsuits (one- or two-pieces suits and swim trunks/board shorts), athletic wear (this could include a sports bra)

Q: What is the best location for daycare groups or school groups coming for swimming- where do they change?

A: The universal change room, or the groups can utilize the gendered change rooms with the appropriate designated supervisor for their programs.

Q: What is the purpose of the open showers?

A: The open showers are to be utilized by patrons who are using the pools - it is an opportunity to rinse before entering the pool with your swimsuit on. Nudity is strictly prohibited here, and a swimsuit must be worn.

Q: What is unacceptable attire when in the open spaces of the universal change room?

A: Nudity, undergarments (boxers, briefs, fashion bra or underwear)

Q: Where do I find a change room for people with limited mobility?

A: The universal change room has 2 change cubicles to accommodate people with limited mobility. There is a battery-operated lift in one of those change cubicles.