



Date: 04/02/2025

To: Chair and Directors, Cariboo Regional District Board

And To: Murray Daly, Chief Administrative Officer

From: Gerald Pinchbeck, Manager of Communications

Date of Meeting: Cariboo Regional District Board_Feb28_2025

File: 0360-20/2025/NCLGA

Short Summary:

NCLGA Resolution – Mental Health Supports for Elected Officials

Voting:

Corporate Vote - Unweighted

Memorandum:

The Board directed staff at its January 24, 2025 meeting to conduct background research and prepare for this topic. The resolution being recommended was supplied by the Islands Trust and is in the process of being endorsed for the Association of Vancouver Island and Coastal Communities (AVICC) convention.

A search of the UBCM's resolutions database did not identify any existing policy on this subject matter. Barring intervention of the UBCM Executive, the most likely recommendation from the UBCM Resolutions Committee at convention will be "No Recommendation".

The Board may wish to consider refraining from making a submission, considering that this resolution is effectively a duplicate of the Islands Trust's. While endorsement at the NCLGA convention will increase the number of organizations advocating for the proposal, it does not impact the resolutions process at the UBCM Convention.

Attachments:

2025 NCLGA Resolution – Mental Health Supports for Elected Officials – Backgrounder

Financial Implications:

None.

Policy Implications:

The Board does not have existing policy on this subject.

Alignment with Strategic Plan:

- Infrastructure and Asset Management:** To establish a systematic, predictable approach to managing the regional district's assets and infrastructure that builds on current asset management data and condition assessments.
- Enhanced Communications and Engagement:** To build trust and credibility of the regional district by enhancing our communications and engagement with citizens, stakeholders, and volunteers.
- Effective and Responsive Land Use Planning and Development:** To ensure our land use planning and development is responsive to future growth and housing needs, anticipates risks and hazards associated with climate change and provides efficient and consistent processes for landowners and developers.
- Relationships with First Nations:** To foster a healthy and inclusive region by building and strengthening our relationships with First Nations and embracing the principles of reconciliation.

[Click here to enter text.](#)

CAO Comments:

[Click here to enter text.](#)

Options:

1. Endorse recommendation;
2. Propose an alternative resolution;
3. Other action.

Recommendation:

That the following resolution be approved for submission to the 2025 NCLGA convention:

Mental Health Supports for Elected Officials

WHEREAS the stresses faced by local elected officials are increasing due to a degradation in the tone of civil discourse;

AND WHEREAS additional mental health supports for local elected officials would be beneficial beyond what is provided by the Medical Services Plan and extended health plans;

THEREFORE BE IT RESOLVED that NCLGA and UBCM call upon the Province of British Columbia to implement initiatives that offer mental health supports tailored to the needs of local elected leaders in British Columbia.